

# Montague Elementary School

## Breakfast & Lunch Menu

### January 2023

2  NO SCHOOL!	3  NO SCHOOL!	4 <b>Muffin/Yogurt</b>  PULLED PORK BUN/COLESLAW POTATO WEDGES FRUIT/MILK	5 <b>Cereal/Cheese</b>  TEX MEX SOUP SALAD/SALSA TORTILLA CHIPS FRUIT/MILK	6 <b>Breakfast Pizza</b>  PB & JELLY SANDWICH CHEESE STICK VEGGIE STICKS/DIP FRUIT/MILK
9 <b>Cereal/Yogurt</b>  BEEF TACO SALAD BEEF/CHEESE BEAN/SALAD/SALSA FRUIT/MILK	10 <b>Biscuits &amp; Gravy</b>  MINESTRONE SOUP GRILLED CHEESE SALAD FRUIT/MILK	11 <b>English Muffin/PB/Jelly</b>  BEAN BURRITO CORN/SALSA TORTILLA CHIPS FRUIT/MILK	12 <b>Oatmeal/Sausage</b>  MEATLOAF ROLL/CARROTS MASHED POTATOES FRUIT/MILK	13 <b>Granola/Yogurt</b>  TURKEY SANDWICH LETTUCE/TOMATO BROCCOLI SALAD FRUIT/MILK
16  M.L. KING DAY NO SCHOOL	17 <b>Oatmeal/Sausage</b>  CHICKEN TETRAZZINI CARROTS PEAS ROLL FRUIT/MILK	18 <b>Toast/Egg</b>  CHICKEN BURGER LETTUCE/TOMATO/ONION BAKED BEANS FRUIT/MILK	19 <b>Cereal/Cheese</b>  BEEF VEGGIE SOUP GRILLED CHEESE SALAD FRUIT/MILK	20 <b>Pancakes</b> <span style="background-color: yellow;">21 SS</span>  HAM SANDWICH LETTUCE/TOMATO VEGGIE STICKS/DIP FRUIT/MILK
23 <b>Cereal/Yogurt</b>  CHICKEN TACO SALAD CHICKEN/CHEESE BEAN/SALAD/SALSA TORTILLA CHIPS FRUIT/MILK	24 <b>Biscuits &amp; Gravy</b>  CHICKEN VEGGIE SOUP GRILLED CHEESE SALAD FRUIT/MILK	25 <b>English Muffin/PB/Jelly</b>  BEEF BURRITO CORN/SALSA TORTILLA CHIPS FRUIT/MILK	26 <b>Oatmeal/Sausage</b>  TURKEY POT PIE CARROTS GREEN BEANS ROLL FRUIT/MILK	27 <b>Waffles</b>  PIZZA VEGGIE STICKS/DIP FRUIT/MILK
30 <b>Bagel/Cream Cheese</b>  CHILI CORN/SALSA TORTILLA CHIPS FRUIT/MILK	31 <b>Oatmeal/Sausage</b> TURKEY ROLL UP TURKEY/CHEESE/LETTUCE CUCUMBER SALAD CARROT STICKS FRUIT/MILK			