**MONTAGUE ELEMENTARY SCHOOL**

**B: Cereal/Cheese/Fruit/Milk**

CHICKEN VEGGIE SOUP

GRILLED CHEESE

SALAD

FRUIT/MILK

**B: Waffles/Fruit/Milk**

PIZZA

VEGGIE STICKS/DIP

FRUIT/MILK

**Breakfast offers** 1 cup fruit/vegetable, students must take at least ½ cup.

**Lunch offers** ½ cup fruit and ¾ cup vegetable, students must take at least ½ cup fruit/vegetable.

Special milk (soy & lactose free only)

Requests must have a signed parent form on file.

Special meal accommodations must have a signed medical form on file.

**B: Muffin/HB Egg/Fruit/Milk**

CHICKEN VEGGIE WRAP

CHEESE STICK

VEGGIE STICKS

FRUIT/MILK

**B: Overnight Oats/Fruit/Milk**

CHICKEN ALFREDO

ROLL

BEANS/CORN

FRUIT/MILK

**HOLIDAY**

**NO SCHOOL!**

**B: Pancakes/Fruit/Milk**

TURKEY SANDWICH

LETTUCE/TOMATO/PICKLE

VEGGIE STICKS

FRUIT/MILK

**B: Parfaits/Fruit/Milk**

BBQ CHICKEN SANDWICH

VEGGIE STICKS

FRUIT/MILK

**B: French Toast/Fruit/Milk**

TURKEY SANDWICH

LETTUCE/TOMATO/PICKLE

VEGGIE STICKS

FRUIT/MILK

**B: Breakfast Pizza/Fruit/Milk**

PB & J SANDWICH

CHEESE STICK

VEGGIE STICKS

FRUIT/MILK

**B: Cereal/Cheese/Fruit/Milk**

TEX MEX SOUP

SALAD/SALSA

TORTILLA CHIPS

FRUIT/MILK

**B: Oatmeal/Sausage/Fruit/Milk**

TAMALE PIE

SALSA/JALAPENO

TORTILLA CHIPS

FRUIT/MILK

**B: Cereal/Cheese/Fruit/Milk**

BEEF VEGGIE SOUP

CHEESE STICK

SALAD/ROLL

FRUIT/MILK

**B: Oatmeal/Sausage/Fruit/Milk**

CHICKEN NOODLE SOUP

GRILLED CHEESE

SALAD/CARROTS

FRUIT/MILK

**B: English Muffin/Fruit/Milk**

SLOPPY JOE

SALAD

POTATO WEGES

FRUIT/MILK

**B: Muffin/HB Egg/Fruit/Milk**

CHICKEN CAESAR WRAP

VEGGIE STICKS

FRUIT/MILK

**B: English Muffin/Fruit/Milk**

CHICKEN BURGER

POTATO WEDGES

BAKED BEANS

FRUIT/MILK

**B: Biscuits/Gravy/Fruit/Milk**

CHICKEN TETRAZZINI

CARROTS

PEAS/ROLL

FRUIT/MILK

**B: Overnight Oats/Fruit/Milk**

CHICKEN NOODLES

CARROTS/ROLL

BROCCOLI

FRUIT/MILK

**B: Biscuits/Gravy/Fruit/Milk**

SPAGHETTI

GREEN BEANS

CORN/ROLL

FRUIT/MILK

**B: Bagel Bar/Fruit/Milk**

CHICKEN QUESADILLA

CORN/SALSA

TORTILLA CHIPS

FRUIT/MILK

**B: Cereal/Yogurt/Fruit/Milk**

CHILI

CORN/SALSA

TORTILLA CHIPS

FRUIT/MILK

**B: Cereal/Yogurt/Fruit/Milk**

CHICKEN TACO SALAD

BLACK BEAN SALSA

TORTILLA CHIPS

FRUIT/MILK